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two egg veggie omelette **8.99**

WITH CHEDDAR, RED PEPPERS, TOMATOES, RED ONIONS, SPINACH & AVOCADO
SERVED WITH WHOLE WHEAT TOAST

peameal bacon omelette **10.99**

PEAMEAL BACON, TOMATOES, RED PEPPERS, RED ONIONS, SPINACH AND CHEDDAR
SERVED WITH WHOLE WHEAT TOAST

egg white florentine omelette **10.99**

HERB AIOLI, FETA CHEESE, RED PEPPERS, ONIONS, TOMATOES AND SPINACH
SERVED WITH WHOLE WHEAT TOAST

soup du jour **4.99**

soup of the day. ask for details

yogurt parfait **4.99**

an assortment of seasonal mixed fruit topped with yogurt

homestyle chili (fall/winter) **6.99**

award winning chili made in-house

make it a combo with soup **+4.00**

choose any sandwich or wrap and add a soup du jour

side of tomato / bocconcini **3.00**